



In collaboration with the Chicago Psychoanalytic Institute and the Juvenile Protective Association, PsiAN is proud to present a free online seminar designed for students, interns and early career professionals who work with children, and whose training has been interrupted during this time.

**Clinical Training in this Time of COVID and Social Change:  
Learning Resilience and Relationship-Building with Children and  
Adolescents in the Face of Training Disruption**

June 29, 2 - 3:30pm Central

**Register here:** <https://forms.gle/6Ek33wzLSGXtGpq47>

Who should attend:

Social work, psychology, counseling and other trainees currently in internships or entering in the fall, and early career professionals

Participation is FREE.

The COVID-19 pandemic has abruptly changed the internship experience, disrupting training and challenging both interns and their supervisors to find ways to work effectively remotely. The powerful search for social justice unleashed by George Floyd's death and the inequalities laid bare by the pandemic also impact clinical work. This panel will take up the challenges of learning how to work with children and adolescents during this unprecedented time.



**Erika Schmidt, MSW**, will moderate this discussion, which is for students pursuing their degrees in social work, clinical psychology, counseling, other trainees, and early career professionals.

Erika is the first female head of the Chicago Psychoanalytic Institute.

In this **first in a series of seminars**, our 2 panelists will present material addressing interns' experiences and concerns. We'll dig in with discussion aimed at helping to increase skills and build resiliency, providing time for reflection and strategies for self-care and well-being. Participants will have ample time to ask questions.

**Topics that will be addressed include:**

- What is it like to try to reach children and develop relationships online?
- How do the problems of poverty, close family quarters, domestic violence and lack of resources affect those efforts?
- How do clinicians understand and work with the social inequities within the mental health system and in clients' lives?
- What helps to support continuity and positive therapeutic encounters?
- How can interns continue to learn in the face of truncated internships, to integrate book and class learning with clinical experience, to navigate a greatly changed job market and to engage in self-care?



**Dr. Nicole Tefera** is a Pediatric Psychologist at Advocate Children's Hospital-Behavioral Health Services serving the southwest and suburban areas of Chicago. An affiliate of The National Child Traumatic Stress Network, Dr. Tefera's clinical interests and expertise center on helping underserved and minority populations cope with trauma.



**Karen Zilberstein** is the Clinical Director of the Northampton, MA chapter of A Home Within, a national non-profit devoted to providing pro bono therapy to foster care youth and alumni. Her focus is youth who have experienced foster care, adoption, disabilities, school problems, divorce, and/or trauma.

